



Breakfast	Lunch	Dinner
Monday Homemade porridge, spinach and egg omelette Bagels, muffins, fresh fruit. Home-made Bacon and spinach muffins. Bread and jams and a choice of milk for all dietary needs	Homemade beef lasagne with cheese, garlic and rosemary served with salad * Pineapple wedge	Home-made sultana bread (gluten free) with selection of cheese, tomatoes, cucumber and mixed green salad * Homemade raspberry oat slice
Tuesday Homemade coconut and raisin porridge, boiled eggs. Bagels, muffins, fresh fruit, bread and jams and a choice of milk for all dietary needs.	Homemade chicken goujons with a parsley and thyme bread crumb * Seasonal fruit crumble	Homemade parsnip bacon and pea muffin with vegetable sticks * Yogurt and berry compote
Wednesday Scrambled egg with smoked salmon, porridge, bagels, muffins, bread and jams, fresh fruit, choice of milk for all dietary needs.	Homemade sausage and lentil plait with onions and bacon * Homemade lemon lime cake	Selection topped bagels ham,tuna egg and cress cheese selection mixed leaves and coleslaw * Fresh fruit pickups
Thursday Roasted sausage slices, homemade coconut porridge, boiled eggs. Bagels, muffins, fresh fruit, bread and jams and a choice of milk for all dietary needs.	Christmas dinner day. Traditional roast turkey with all the trimmings. Vegetarian spinach and goats cheese tart Sticky chocolate and date cake pudding or Christmas cake ice cream	Bubble and squeak fritters served with homemade relish * Fresh fruit
Friday Bacon and sausages porridge, bagels, toast and jams, fresh fruit choice of milks for all dietary needs.	Homemade salmon fish fingers with wedges and peas * chocolate and avocado muffin	

A selection of seasonal vegetables and potatoes will be served daily, sourced from as wide a variety as possible.

All snacks are available twice daily offering

Homemade breadsticks, cheese selection, olives, crisp-breads, rice cakes, bagels, crumpets, muffins, spelt breads, homemade bread, fruit, homemade hummus and vegetable sticks

Please note we use all organic and local produce, our eggs are free range and all our meat is also organic.

All the breads are mainly gluten free as this is then available to all children.